

Our Services Explained

Why choose Bolton Clarke

As Australia's most experienced independent living services organisation, Bolton Clarke supports you to live the best life possible.

Our long-held values of kindness and respect are at the heart of everything we do – and we'll always put your needs first.

Every day, and in all we do, our promise is to support you in achieving the quality of life and independence that defines who you are.

Serving the community 24 hours a day, seven days a week, Bolton Clarke organises more than 4 million client visits each year and our services are 100% compliant with the Aged Care Act and Home Care Common Standards.

Find out about everything we can offer you, below.

At Home Support

Wherever you live, we'll work with you to provide the support and services you need to live the best life possible.

Bolton Clarke At Home Support provides a range of practical and adaptable services covering home nursing, domestic assistance, allied health and mental health – all delivered with the kindness and respect you deserve.

Home nursing and clinical care

With a rich history of providing the finest nursing care to all Australians, reaching right back to 1885, our nurses provide expert clinical care, support and advice 7 days a week.

Our services* include:

- Care after hospital discharge
- Continence management
- Dementia care
- Diabetes services
- Medicines management
- Palliative care
- Wound management

** Services may vary according to location*

Home assistance and respite care

Our experienced carers work with you to achieve the best quality of life at home.

Our services* include:

- Domestic assistance
Household cleaning, dish washing, clothes washing and ironing, shopping and bill paying.
- Personal care
Helping with self-care tasks like meal preparation, bathing, toileting, dressing, grooming, getting in or out of bed and general mobility around the house.
- Respite care
In-home respite that offers relief for a carer, so that they can take a break from their responsibilities.
- Restorative activities
Working with you to create an exercise or socialisation programme to help you regain mobility and a fuller life.
- Safety-related home and garden maintenance
Replacing light bulbs, tap washers and installing smoke and security alarm batteries.
- Transport services
Helping you get to social outings and community engagements, so that you can maintain connections with family and friends.
- Specialised nursing and home care
Supporting 30,000 veterans and their families.

** Services may vary according to location*

Retirement Living

With 2,200 residents living in our 1,871 retirement living units, Bolton Clarke helps them – and can help you - enjoy all that's comfortable and familiar, in a fresh and stimulating environment.

In one of Bolton Clarke's Retirement Living communities, you can enjoy life within a safe, vibrant and friendly complex, where your independence is respected, your individuality is celebrated and you can spend time on your hobbies, your social life, all the things that bring you joy.

Residential Aged Care

At Bolton Clarke Residential Aged Care, we understand that while the years have changed some things about you, you're still the same person you've always been.

Our first and most important duty is to create a place where you can continue to be yourself, and we currently support almost 2,300 customers who've chosen to make their home at our 24 residential aged care communities.

As a resident, you and your family can count on being supported by a genuinely caring community, with services and activities centred around your needs, interests, abilities and choices.

Bolton Clarke Residential Aged Care communities are staffed around the clock by a combination of expert nurses and dedicated carers who can provide help at all times, including emergency situations.

Specialist services like dementia and palliative care support are also available, as well as access to physiotherapists and other allied health professionals.

Plus, we make sure the simple things that make life enjoyable are all taken care of – offering nutritious meals, on-site laundry, plenty of social activities and a nice cup of tea and a chat whenever you'd like one.

Other services

Bolton Clarke also offers specialised health and wellbeing services to help you regain or strengthen your mobility, independence and wellbeing.

Our services include:

- advice from a dietician about healthy eating
- mental health services
- occupational therapy, to help you recover or maintain your physical ability
- other allied health and therapy services
- physiotherapy, to help you with mobility, strength and balance
- podiatry
- speech pathology.

Contact us

Bolton Clarke is committed to providing people with the expert services and support you need to live your life the way you'd like to. If you'd like assistance with navigating the sometimes-complex government funding options, we can help with that too.

We'd love to hear from you and learn more about what you need to live independently, so that we can work together to give you the best quality of life possible.

Please call us on **1300 22 11 22**