

Kartice kao podsjetnik za lijekove





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Moram ostati u kući dok sestra dođe radi mojih tableta

ili nazvati 1300 537 673





I need to stay at home until the nurse comes to visit for my tablets or call 1300 538 673



Provjeriti dan u tjednu na kalendaru, u novinama ili pitati nekog od obitelji.

Popiti tablete iz mog paketa lijekova na naznačeni dan i u naznačeno vrijeme.





Check the day of the week with the calendar, newspaper or family member Take my tablets from my medicines pack for the right day at the right times



Tablete pijem uz doručak





Zabilješke / Notes I take my tablets with breakfast



Tablete pijem **prije** doručka





Zabilješke / Notes Take my tablets before breakfast



U popiti tabletiu za cijeli tjedan za zdrave kosti ½ sata prije doručka i ostati u uspravnom položaju







Medicines Reminder Card no. 5



Zabilješke / Notes _____ I take my weekly tablet for healthy bones 1/2 an hour before breakfast and stay upright



Moram popiti tablete u podne





I need to take my tablets at midday



Moram popiti tablete u vrijeme ručka





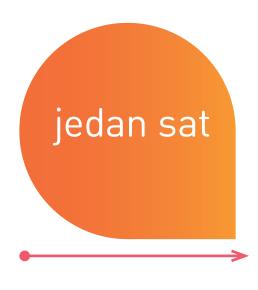


I need to take my tablets at lunchtime



Moram popiti tablete jedan sat prije ručka







Medicines Reminder Card no. 8



I need to take my tablets one hour before lunch



Popiti tablete u 6 sati navečer





Take my tablets at 6pm



Popiti tablete uz večernji obrok







Take my tablets at evening meal time



Moram popiti tablete navečer prije spavanja





Zabilješke / Notes Take my tablets at bedtime



Moram se podsjetiti popiti tablete u 9 sati navečer





Zabilješke / Notes Remember to take my tablets at 9pm



Namazati kremom kako mi je

pokazano





Zabilješke / Notes Apply cream to my_____ as shown to me



Popiti antibiotike u

radi liječenja infekcije





Zabilješke / Notes Take my antibiotics ______ at to treat my infection



Moram nešto pojesti prije odlaska na spavanje





I need to eat a snack before going to bed



Staviti

kapi za oči u lijevo / desno oko





Put eye drops into my left/right eye	



Staviti kapi za oči u oba oka u







Put my eye drops in both eyes at	



Namazati kremom suhu kožu poslije kupanja





Zabilješke / Notes Put cream on my dry skin after bathing



Izmjeriti šećer prije uzimanja inzulina





Check my blood sugar before taking insulin



Koristim inhalator (pumpicu) u







Zabilješke / Notes I use my inhaler at _____



Moram uzeti

ako imam bolove a onda pričekati 4– 6 sati prije nego ih ponovno uzmem





Zabilješke / Notes I should take my ______ if I have pain and then wait 4 to 6 hours before taking more



How to contact us:

Croatian telephone interpreter service: 1300 538 673 1300 22 11 22

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Bolton Clarke is the brand name for a group of companies being RSL Care RDNS Limited ACN 010 488 454, Royal District Nursing Service Limited ACN 052 188 717 and RDNS HomeCare Limited ACN 152 43 152.