

Guidelines for resident outings

Thank you for your support in working with us to keep our community safe during COVID-19. This information sheet outlines important information to guide residents, families and friends about outings away from our Community.

Following latest advice from the Queensland Government:

Residents are able to leave the community for a range of reasons including:

- Health care services
- Attending small family gatherings of up to 20 people (as long as physical distancing can be maintained)
- Exercising
- Attending a funeral
- Visiting another residential aged care community.

In line with the Queensland Government directions, group excursions for residents are still not available.

Preparing for outings:

Please follow these guidelines:

- Sign-out at the Office before you leave for your outing
- When you are out practice social distancing of 1.5m even between family members, follow good hand hygiene and cough etiquette
- Avoid large group gatherings (greater than 20 people).

Returning from outings:

- Sign-in at the Office on your return from your outing.
- A team member will ask you some questions about your outing to identify if you may have encountered a potentially high-risk situation.
- For your own health and the health of other residents and staff, please advise us immediately if you have unexpectedly come in contact with, or been exposed to, a person who is unwell. If this does occur, you may need to undergo a period of precautionary isolation when you return to our residential care service.

Please do not plan any resident outings if you or a family member:

- Are unwell or experiencing symptoms of respiratory illness (fever, chills, cough, runny nose, sore throat, body aches, muscle pain or having trouble breathing).
- Have had contact with someone who has COVID-19, or you are awaiting test results for COVID-19 please do not visit.
- Are returning from international or interstate travel in the past 14 days, please delay visiting until 14 days have passed.

If you have any questions, please be in contact with our team to discuss prior to the outing.