

Participant Information Sheet: Residents

Date: Feb 2016 – Jul 2016

Full project title: Project B

Principal researcher: Researcher A

Associate researcher: Researcher B

What is the study about?

You are being invited to be part of a study to look at what benefits a personal care worker adds to the care you get from an Bolton Clarke nurse.

To do this we want to know if you would agree to take part in a group discussion.

Purpose of the study

The personal care worker is working to help the Bolton Clarke nurse to deliver health care and support to people who live in supported housing, like yourself.

We hope that by having a personal care worker the Bolton Clarke nurse can support more residents to get the care and support they need.

We also hope that the personal care worker will increase the ability of the Bolton Clarke nurse to help you and others to live as well as you can.

The main purpose of this study is to describe how well the personal care worker helps the Bolton Clarke nurse to increase your access to needed services and also improve your quality of life.

Funding

This study is funded by the Department of Health under the Home and Community Care program.

Who can take part in this study?

You can take part in this study if:

1. you live at one of the following places

- Mayflower lodge, or
- Petunia home, or
- Gladioli lodge, or
- Hyacinth lodge;

2. the Bolton Clarke nurse has helped you to develop a plan of goals to help you get the care or support you need;

3. you are willing to take part in a group discussion with other residents from where you live.

The group discussion will ask you questions about the care you receive from the Bolton Clarke nurse and personal care worker.

What does taking part in this study involve?

If you are happy to take part in this study, you will be asked to be part of one group discussion held sometime between April and July 2016.

The group discussion will help the researchers to understand your thoughts and feelings about the care you have received from the Bolton Clarke nurse and personal care worker.

We also want to know what you like and don't like about the care you are getting and if anything be changed or done better.

The group discussion will occur with the researchers present.

They will guide what is discussed to try and find out about your thoughts and feelings about how the personal care worker and nurse are working together to help you.

The discussion will be taped and then written up to make sure that the researchers do not miss any of the things you talked about.

We will also ask you to complete a short form with a few questions about your age, gender and where you live.

Do I have to be a part of this study?

You do not have to take part in the group discussion; it is completely your choice whether you do or don't.

Most importantly whether you choose to be a part of the group discussion or not, you will continue to get the same level of care from the Bolton Clarke nurse and personal care worker.

If you agree to be a part of the group discussion and then change your mind, you will still get the same care from the Bolton Clarke nurse and personal care worker.

If you do want to be a part of the group discussion please sign the attached Consent Form. The Bolton Clarke nurse will go through this with you and answer any questions or concerns that you might have.

You can keep the pages with information about the study but the signed consent form will be given to the researchers by the Bolton Clarke nurse. If you want you can keep a copy of the signed consent as well.

You can change your mind whenever you want to; just let the Bolton Clarke nurse know and she will let the researchers know your wishes.

If you don't want to be part of the study and then change your mind and want to be part of it again you can, just let your Bolton Clarke nurse know what you want.

If you agree to take part in this study the personal health information collected about you by your Bolton Clarke nurse will be used in the study, however, if you subsequently change your mind and decide not to be a part of the study then any of the health information collected about you before you make that choice will still be used in the final report.

What happens with the information collected?

Any information we collect from you will be confidential. Only the researchers will be able to see your information. If you do choose to be a part of the study the information will be de-identified so that no-one can identify you.

The taped group discussion will be recorded by a professional who has signed a confidentiality agreement.

All of your information will be stored securely at the Bolton Clarke Institute. Only the researchers will have access to any information about you that we collected as part of the project.

The health information collected during this study will be reported and published and presented at conferences.

Reports will include statements, but your name will never be used and no one will be able to tell that it is you that was a part of this study.

In keeping with the Australian guidelines for health related research, your information will be securely stored for 7 years and then it will be destroyed.

What are the possible benefits of taking part?

Taking part in this study will give you the chance to tell us about your experiences with both the Bolton Clarke nurse and personal care worker.

The researchers want to know what you think about the personal care worker and what you think worked well or didn't work so well and why.

What are the possible risks and disadvantages of taking part?

When you take part in the group discussion you may start to feel upset because of what you are talking about.

If you do start to feel upset you can leave the group discussion at any time and you do not have to talk about anything that upsets you.

If something makes you upset the researchers will make sure you can talk with a counsellor if you want to.

How do I hear about the study results?

At the end of the study you will be provided a short one page summary of what the study has found by your Bolton Clarke nurse.

If you have any questions about this project or would like to participate please contact:

Research Team Members:

Researcher A
31 Alma Road,
St Kilda VIC 3182

(Work)
(Mobile)

Researcher B
31 Alma Road,
St Kilda VIC 3182

(Work)
(Mobile)

If you have any concerns or complaints about the conduct of this study please contact:

Bolton Clarke Human Research Ethics Committee
31 Alma Road,
St Kilda, Victoria, 3182

Phone: 9536 5236 Fax: 9537 0287
Email: ethics@boltonclarke.com.au

Consent Form

Name of study:

Project B

Participant details:

Name:
(in block letters)

I hereby agree to take part in the above study and confirm that:

- The details of the study have been explained to me, and
- I have received a copy of the Participant Information Sheet, and
- I understand that my health information collected by the Bolton Clarke nurse will be used as part of this study, and
- Any questions I have asked regarding this study have been answered.

I agree to take part in this study and know that I can stop being a part of it whenever I want.

I agree that my data may be used as a case study or report or presented at conferences or published on the condition that my name or any other identifying information is not used.

I understand that any information I provide will be strictly confidential.

Signature of participant _____
(Print name) (Signature)

(Date)

Witnessed by _____
(Print name) (Signature)

(Date)